- 1. It was about 130m tall.
- 2. They first made glass beads in around 1500 BCE.
- 3. They used the sun and the stars.
- 4. Pens and ink.

Exercise on Vocabulary

1.	d. salt	2.	a. invented	3.	b. writing	4.	d. toothpaste
5.	d. Lighthouse	6.	d. structures	7.	a. dress	8.	b. Papyrus
9.	d. BCE	10.	c. invention	11.	c. warns	12.	c. Glass

- (2) Read and correct the underlined words:
- 1. easy \rightarrow easily
- 2. dangerous → dangers
- 3. plan \rightarrow plant

Exercises on Structure

- (1) Complete the sentenced with the correct form of the words in brackets:
 - 1. beautiful → beautifully
 - 2. $good \rightarrow well$, hard
 - 3. fast \rightarrow fast / slow \rightarrow slowly
- (2) Choose the correct answer from a, b, c or d:
 - 1. c. more easily
 - 2. d. beautifully
 - 3. c. fast
 - 4. a. noisy
 - 5. c. badly
 - 6. d. well
 - 7. b. happily

Exercises

- (1) Finish the following dialogue:
 - 1. How
 - 2. in
 - 3. measure
 - 4. inventions
- (2) Supply the missing parts in the following mini-dialogues:
 - 1. The Chinese invented paper in 140 BCE.
 - 2. Why do we use the light house?/ What is the lighthouse used for?
- (1) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. It was about 130m tall.
 - 2. To know the days in a year.
 - 3. In 140 BCE.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. papyrus
 - 5. d. the ancient Egyptians

(E) Vocabulary & Structure

(2) Choose the correct answer from a, b, c or d:

1.	c. fast	2.	a. careful	3.	a. ancient	4.	b. new
5.	d. toothpaste	6.	d. slowly	7.	b. fast	8.	a. hard
9.	d. warns	10.	c. accurately	11.	c. hard	12.	a. made
13.	a. noisy	14.	c. good	15.	c. invented	16.	d. BCE
17.	d. toothpaste	18.	b. plant	19.	c. than	20.	d. balls
21.	a. art	22.	c. ancient	23.	c. cheerful	24.	a. safely
25.	a. slowly						

- (3) Read and correct the underlined words:
- 1. quick \rightarrow quickly
- 2. address \rightarrow dress
- 3. Papyrus \rightarrow ink
- 4. slow \rightarrow slowly

Unit (10) Lessons 3, 4

Exercises

- (1) Listen and choose the correct answer from a, b, or c:
 - 1. b. Giza
 - 2. a. Khufu
 - 3. a. ancient
- (2) Finish the following dialogue with one word each:
 - 1. heavy
 - 2. fast
 - 3. wide
 - 4. tall
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. How wide is the lake?
 - 2. It's 20m tall.
- (4) Read the following, then answer the questions:
 - 1. Means of transport.
 - 2. planes.
 - 3. Because they are very fast and comfortable.
- B) Choose the correct answer from a, b, c or d:
 - 4. a. fast
 - 5. c. Some
- (5) Choose the correct answer from a, b, c or d:
 - 1. a. younger
 - 2. c. How
 - 3. a. tall
 - 4. a. weigh
 - 5. b. age
 - 6. a. smaller
 - 7. c. is
 - 8. b. kilograms
 - 9. c. badly

10. d. well (6) Read and correct the underlined words: 1. weight → weighs 2. weren't → wasn't 3. light → lighter 4. long → tall 5. younger → youngest

Test on Unit (10)

- (1) Listen and choose the correct answer from a, b, c or d:
 - 1. b. Dubai
 - 2. a. 828
 - 3. b. 2010
 - 4. c. skyscraper

- (B) Language Functions
- (2) Complete the following dialogue:

6. toothpaste → glass beads

- 1. fast
- 2. flies/goes
- 3. metres
- 4. on
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. It's 35 centimetres wide.
 - 2. How big is the elephant?
- (C) Reading Comprehension
- (4) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. Tell a parent or a teacher immediately.
 - 2. Because they are cheap and helpful. They also use them to get on the internet.
 - 3. Children can send and get messages by e-mails.
- B) Choose the correct answer from a, b, c or d:
 - 4. a. carefully
 - 5. c. address

- (D) The Reader
- (5) A) Choose the correct answer from a, b, c or d:
 - 1. c. beach
 - 2. a. destroying
- B) Answer the following questions:
 - 3. They covered it with tree branches and soil.
 - 4. They went to the cliff.
- (E) Vocabulary & Structure
- (6) Choose the correct answer from a, b, c or d:
 - 1. c. tall
 - 2. d. kilograms
 - 3. c. wide

- 4. b. centimetres
- 5. b. carefully
- 6. c. know
- 7. d. flying
- 8. b. How
- (7) Read and correct the underlined words:
 - 1. faster → fast
 - 2. quickly \rightarrow quick
 - 3. chips \rightarrow ships

Challenge Yourself

Read and correct the underlined words:

- 1. do: to do
- 2. probable: probably
- 3. length: long
- 4. every: each
- 5. spices: space
- 6. Invent: invented
- 7. to:for
- 8. paint: point
- 9. also: else
- 10. skills: scales
- 11. measurement: measure

Unit (11) Lessons 1, 2

Answer the questions:

- 1. An orange without the peel sinks.
- 2. The air is in the peel.
- 3. The oil floats.
- 4. Oil is lighter than water.

Exercise on Vocabulary

Choose the correct answer from a, b, c or d:

- 1. b. sink
- 2. b. lies
- 3. b. do
- 4. a. float
- 5. b. touch
- 6. d. petrol
- 7. c. floats
- 8. a. feel

1- Read and correct the underlined words:

- 1. failed \rightarrow felt
- 2. float → sink
- 3. sinks → floats
- 4. Make → Do
- 5. sinks → floats

Exercise on Structure

(1) Choose the correct answer from a, b, c or d:-

1.	b. doesn't sink	2.	d. if	3.	b. go	4.	a. boil
5.	a. do	6.	d. becomes	7.	b. 's	8.	b. floats
9.	b. melts						

- (2) Read and correct the underlined words:-
- 1. will float → floats
- 2. will \rightarrow do
- 3. float → floats
- 4. become → becomes
- (3) Finish the following dialogue:
 - 1. happens
 - 2. made
 - 3. floats
 - 4. sink
- (4) Supply the missing parts in the following mini-dialogues:
 - 1. What happens if I put an orange into water?
 - 2. If you add oil to some water, it floats.
- (5) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. He was rich at the end of the story.
 - 2. He was a cleaner. \ His job was to clean the streets.
 - 3. It refers to the bag.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. in hospital
 - 5. a. kind

(E) Vocabulary and Structure

(6) Choose the correct answer from a, b, c or d:

1.	d. on	2.	b. say	3.	b. water	4.	d. sinks
5.	a. adds	6.	b. has	7.	a. Water	8.	b. go
9.	b. it is	10.	b. Add	11.	b. happens	12.	c. sink
13.	d. an	14.	a. Do	15.	d. doctor	16.	c. or
17.	b. peel	18.	a. know	19.	c. If	20.	d. stay
21.	c. lighter	22.	b. swimming				

(7) Read and correct the underlined words:

- 1. floats \rightarrow sinks
- 2. hot \rightarrow cold
- 3. doing \rightarrow do
- 4. give \rightarrow gives
- 5. Sink → Float
- 6. $a \rightarrow an$
- 7. Float → Sink
- 8. my \rightarrow me

Unit (11) Lessons 3, 4 Exercises

- (1) Listen and choose the correct answer from a, b or c:
 - 1. b. tired
 - 2. a. Monday
 - 3. b. At work
 - 4. c. went running
- (2) Finish the following dialogue with one word each:
 - 1. What
 - 2. teapot
 - 3. next
 - 4. Heat
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. What did the fire fighters do to stop the fire?
 - 2. Mary Anderson invented the wind screen wipers.
- (4) Read the following, then answer the questions:
 - 1. Because it helps us to find the information we need in no time.
 - 2. The internet.
 - 3. Children should be careful.
- B) Choose the correct answer from a, b, c or d:
 - 4. c. passwords
 - 5. a. websites
- 5) Choose the correct answer from a, b, c or d:
 - 1. d. understand
 - 2. b. internet
 - 3. c. fills
 - 4. c. peel
 - 5. c. e-mails
 - 6. d. Dr Farouk El-Baz
 - 7. c. twelfth
 - 8. d. First
 - 9. b. invention
- (6) Read and correct the underlined words:
 - 1. light → lighter
 - 2. heats → heat
 - 3. of \rightarrow from
 - 4. on \rightarrow in
 - 5. melt → melts
 - 6. fifth \rightarrow five
 - 7. Once → First
 - 8. Two → Next
 - 9. at \rightarrow in
 - 10. dairy \rightarrow diary

(1) Lis	sten and choose the correct answer from a, b, or c:
1.	b. 1938
2.	a. At school
3.	b. America
4.	c. science
(2) Co	omplete the following dialogue:
1.	first
2.	next
3.	across
4.	Finally
(3) Su	pply the missing parts in the following two mini-dialogues:
1.	It's Tuesday.
2.	Who is the first Egyptian to win the Nobel Prize?
(4) Re	ead the following, then answer the questions:
A) An	swer the following questions:
1.	The inventions made our life easier and more comfortable.
2.	Alexander Graham Bell.
3.	The X-ray.
B) Cho	oose the correct answer from a, b, c or d:
4.	c. 1903
5.	d. Wilhelm Conrad
5) Cho	oose the correct answer from a, b, c or d:
1.	b. fast
2.	b. On the beach
B) An	swer the following questions:
3.	They made a big, deep hole and covered it with tree branches and soil, then they put a van
	next to it.
4.	Two birds.
(6) Ch	noose the correct answer from a, b, c or d:
1.	d. around
2.	b. remove
3.	b. famous
4.	c. melts
5.	c. listen
6.	b. take
7.	a. seventh
8.	c. have
(7) Re	ead and correct the underlined words:
1.	ten → tenth
2.	invention → invented
3.	making -> doing
	Challenge Yourself
1.	follow → following

2. to \rightarrow with

- 3. salt \rightarrow salty
- 4. become → becomes
- 5. onto \rightarrow into
- 6. $star \rightarrow stir$
- 7. freeze \rightarrow melt
- 8. fail \rightarrow feel
- 9. lighter → heavier
- 10. discovered → invented

Unit 12 Lesson 1, 2

Answer these questions:

- 1. They walked or travelled on boats, horses or camels.
- 2. They will use electricity.
- 3. It takes less than three hours.
- 4. They will become faster.

Exercise on Vocabulary

- (1) Choose the correct answer from a, b, c or d:
 - 1. b. weather
 - 2. c. forms
 - 3. b. Airport
 - 4. d. journey
 - 5. d. Engineers
 - 6. d. forms
 - 7. b. faster
 - 8. c. look
- (2) Read and correct the underlined words:
 - 1. then \rightarrow than
 - 2. electricity → petrol
 - 3. $cm/h \rightarrow km/h$
 - 4. plane → plan

Exercise on Structure

- (1) Choose the correct answer from a, b, c or d:
 - 1. c. walk
 - 2. a. will
 - 3. b. could
 - 4. a. be
 - 5. b. will
 - 6. a. will be able to drive
 - 7. d. can't
 - 8. b. couldn't
- (2) Read and correct the underlined words:
 - 1. bought → buy
 - 2. used \rightarrow use

3. will → won't

- (B) Language Functions
- (1) Finish the following dialogue:
 - 1. player
 - 2. Do\Can
 - 3. better
 - 4. Could
- (2) Supply the missing parts in the following mini-dialogues:
 - 1. No, I can't.
 - 2. When could you peel a banana? \rightarrow Any suitable answer will be accepted.
- (3) Read the following, then answer the questions:
 - 1. Life will change, it will be easier and more comfortable.
 - 2. They will need more food, houses and jobs.
 - 3. Computers.
- B) Choose the correct answer from a, b, c or d:
 - 4. c. won't
 - 5. d. work together

(E) Vocabulary and Structure

(4) Choose the correct answer from a, b, c or d:

1.	d. Can	2.	b. be	3.	b. will	4.	c. weather
5.	b. Pollution	6.	d. missed	7.	b. technology	8.	a. Will
n							
9.	d. can't	10.	d. could	11.	c. was	12.	c. will be able
13.	b. do	14.	b. Will	15.	d. able	16.	b. couldn't
17.	b. couldn't	18.	b. after	19.	d. boats		

- (5) Read and correct the underlined words:
- 1. Do \rightarrow Will
- 2. Can → Could
- 3. swam \rightarrow swim
- 4. to \rightarrow for
- 5. could \rightarrow can
- 6. had \rightarrow will have
- 7. want \rightarrow won't

Unit (12) Lessons 3, 4

Are these sentence true or false:

- 1. F (The rivers and canals are 3,000 km long, and the railway system is more than 7,000 km long.)
- 2. F (In 2015, the canal became 72 kilometres longer.)
- 3. T
- 4. F (It took ten hours to travel from Cairo to Alexandria in 1904; today it takes less than three hours.)
- 5. T
- (1) Listen and choose the correct answer from a, b or c:
 - 1. b. 3
 - 2. c. 10

- 3. b. drove
- 4. a. Cairo to Alexandria
- (2) Finish the following dialogue with one word each:
 - 1. skiing
 - 2. impossible
 - 3. definitely
 - 4. sure
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. Because technology will make it faster and easier
 - 2.Do you think it is possible to see in the dark?
- (4) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. Egypt finished doing the project of the New Suez Canal.
 - 2. I think it is good because it will help Egypt to be richer.
 - 3. The project took just one year.
- B) Choose the correct answer from a, b, c or d:
 - 4. d. billion
 - 5. a. richer
- (5) Choose the correct answer from a, b, c or d:

1.	a. percent sure	2.	c. book	3.	c. km	4.	b. think
5.	b. think	6.	d. definitely	7.	b. coach	8.	c. ferries
9.	b. bring	10.	c. saw	11.	c. will you	12.	a. took
13.	c. rang	14.	d. went	15.	d. was	16.	c. visited
17.	a. did not	18.	d. be	19.	d. takes	20.	a. km
21.	d. system	22.	c. think	23.	c. won't	24.	d. for
25.	d. fly						

- (6) Read and correct the underlined words:
- 1. rivers \rightarrow roads
- 2. with \rightarrow by
- 3. got \rightarrow get
- 4. translated → translate
- 5. made → make
- 6. yesterday → tomorrow

Test on Unit (12)

- (1) Listen and choose the correct answer from a, b, or c:
 - 1. b. 3m
 - 2. b. 40 km/h
 - 3. c. 250 kg
 - 4. b. 113
- (2) Complete the following dialogue:
 - 1. What
 - 2. Science
 - 3. often
 - 4. week
- (3) Supply the missing parts in the following two mini-dialogues:

- 1. Where will people live in the future?
- 2. No, that won't happen.
- (4) Read the following, then answer the questions:
 - 1. Using a lot of different forms of transport like planes, cars and trains.
 - 2. On boats.
 - 3. In 1831.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. 1879
 - 5. d. plane
- (5) Choose the correct answer from a, b, c or d:
 - 1. a. laughed
 - 2. d. nail and a knife
- B) Answer the following questions:
 - 3. He asked him to stop eating the cars and the tractors.
 - 4. He picked up a metal nail and a knife. He made a sound with them.
- (6) Choose the correct answer from a, b, c or d:
 - 1. b. electric
 - 2. c. technology
 - 3. b. car
 - 4. d. petrol
 - 5. b. will be able to
 - 6. c. like
 - 7. b. can
 - 8. b. couldn't
- (7) Read and correct the underlined words:
 - 1. wind \rightarrow windy
 - 2. been \rightarrow be
 - 3. to \rightarrow for

Challenge Yourself

- 1. made \rightarrow make
- 2. caught → missed
- 3. About \rightarrow with
- 4. spaces → places
- 5. at \rightarrow in
- 6. enable \rightarrow able
- 7. national → international
- 8. at \rightarrow for
- 9. technical → technology
- 10. continent \rightarrow country
- 11. with \rightarrow of
- 12. mainly \rightarrow main

Review D

Answer these questions:

- 1. Because he worked hard and came first in his class.
- 2. He started teaching at Cairo University.
- 3. Because it is always very busy.
- 4. Because they couldn't use computers because there weren't any at that time.
- 5. Because there is a street with his name.
- (1) Complete the sentences with adverbs:
 - 1. carefully
 - 2. quietly
 - 3. well
 - 4. hard
 - 5. fast
- (2) Complete the sentences with these verbs (can can't could couldn't will be able to):
 - 1. can
 - 2. could
 - 3. will be able to
 - 4. couldn't

Practice Test 4

- (1) Listen and choose the correct answer from a, b, c or d:
 - 1. b. water
 - 2. c. Add salt.
 - 3. c. lighter than
 - 4. c. float an egg
- (2) Complete the following dialogue:
 - 1. flying
 - 2. ticket
 - 3. heavy
 - 4. weighs
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. No, that won't happen. \ I'm sure that won't happen.
 - 2. How heavy is your school bag?
- (4) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. The Great Pyramid of Giza and Burj Khalifa.
 - 2. It's nine years old.
 - 3. They take the lift.
- B) Choose the correct answer:
 - 4. b. taller than
 - 5. a. the Emirates
- 5-A) Choose the correct answer from a, b, c or d:
 - 1. c. a farmer's son
 - 2. b. a trap
- B) Answer the following questions:
 - 3. He broke on the stones (on the beach).
 - 4. To tell his parents.

(6) Choose the correct answer	from a, b, c or d
1. a. will	
2. c. will be able	
3. b. couldn't	
4. d. carefully	

- 5. b. kilograms
- 6. b. melts
- 7. b. forms
- 8. a. invented
- (7) Read and correct the underlined words:
 - 1. building \rightarrow invention
 - 2. hardly → easily
 - 3. played \rightarrow poured

Unit (13) Lessons 1, 2

Answer the questions:

- 1. Protein helps our bodies to grow strong.
- 2. Calcium gives us strong bones.
- 3. Natural sugar isn't bad for us. / Natural sugar in fruit and vegetables.
- 4. A healthy breakfast gives the body energy after sleep.
- 5. Exercise is good for the body and the brain.

Exercise on Vocabulary

- (1) Choose the correct answer from a, b, c or d:
 - 1. b. shouldn't
 - 2. a. energy
 - 3. d. fruit
 - 4. a. stay
 - 5. d. for
 - 6. c. contains
 - 7. b. Vegetables
 - 8. a. always
- (2) Read and correct the underlined words:
 - 1. to \rightarrow for
 - 2. diary → dairy
 - 3. and \rightarrow or
 - 4. every → very

Exercise on Structure

- (3) Choose the correct answer from a, b, c or d:
 - 1. c. doesn't
 - 2. a. live
 - 3. b. does he
 - 4. c. can
 - 5. b. aren't
 - 6. c. isn't it

- 7. b. don't you
- 8. a. shouldn't we
- (4) Read and correct the underlined words:
 - 1. consist → contain
 - 2. didn't → don't
 - 3. aren't \rightarrow are

Exercises

- (1) Finish the following dialogue:
 - 1. train
 - 2. take
 - 3. leave
 - 4. morning
- (2) Supply the missing parts in the following mini-dialogues:
 - 1. Because they give us vitamins.
 - 2. What do our bodies need to be healthy?
- A) Answer the following questions:
 - 1. They are vitamins, carbohydrates, proteins, calcium and fats.
 - 2. Because they contain vitamins.
 - 3. Energy.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. fat
 - 5. a. Calcium
- (4) Choose the correct answer from a, b, c or d:
 - 1. c. for
 - 2. do they.

(We use an affirmative tag question after a sentence containing a negative word such as never, hardly, nobody.

Nobody lives in this house, do they?

You've never liked me, have you?

- 3. b. isn't
- 4. b. sugar
- 5. a. sweets
- 6. c. meals
- 7. b. helps
- 8. d. least
- 9. a. contains
- 10. c. natural
- 11. b. are
- 12. c. shouldn't
- 13. c. can't
- 14. d. aren't
- 15. b. is it
- 16. b. can
- 17. c. don't
- 18. d. doesn't

- 19. d. olive oil
- 20.b. kinds
- 21. d. Carbohydrate
- 22. c. Protein
- 23. d. fat
- (5) Read and correct the underlined words:
 - 1. do \rightarrow don't
 - 2. teacher → teachers
 - 3. is \rightarrow isn't

(يرجى حذف if من السؤال لأنه خطأ مطبعي if البرجى من السؤال الأنه خطأ

- 5. should not \rightarrow shouldn't
- 6. Does \rightarrow Do
- 7. Yes \rightarrow No

Unit (13) Lessons 3, 4

- (1) Listen and choose the correct answer from a, b or c:
 - 1. a. sleep at night
 - 2. a. Baher
 - 3. b. Advice
 - 4. c. Relaxing completely before he goes to bed.
- (2) Finish the following dialogue with one word each:
 - 1. smoke
 - 2. breathe
 - 3. cigarettes
 - 4. dangerous
- (3) Supply the missing parts in the following two mini-dialogues:
 - 1. Try doing ten minutes of exercise every morning. / Which hobby should I do?
 - 2. Can you suggest a hobby to practise?
- (4) Read the following, then answer the questions:
- A) Answer the following questions:
 - 1. Because it can make you ill.
 - 2. No, because they can't breathe very well.
 - 3. Tobacco damages lungs.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. yellow
 - 5. c. spend
- (5) Choose the correct answer from a, b, c or d:
 - 1. d. go
 - 2. b. well
 - 3. c. did
 - 4. b. breathe
 - 5. d. won't
 - 6. a. is
 - 7. d. fit
 - 8. b. book

- 9. d. want
- 10. b. practising
- 11. d. leave
- 12. a. difficult
- 13. b. do
- 14. c. helped
- 15. a. go
- 16. c. doing
- 17. a. for
- 18. c. your
- 19. d. to
- 20. c. at
- 21. d. Smoking
- 22. a. good
- (6) Read and correct the underlined words:
 - 1. lungs → cigarettes
 - 2. play \rightarrow playing
 - 3. smokes \rightarrow smokers
 - 4. quick \rightarrow quickly
 - 5. go \rightarrow going
 - 6. walk \rightarrow walks
 - 7. extreme \rightarrow extremely
 - 8. don't \rightarrow do
 - 9. hasn't → doesn't
 - 10. start → starting
 - 11. going \rightarrow go
 - 12. tiring → tired
 - 13. smoke → smokes
 - 14. not → don't
 - 15. good \rightarrow bad
 - 16. last → this
 - 17. Fat → Fitness

Test on Unit 13

- (1) Listen and choose the correct answer from a, b or c:
 - 1. b. D
 - 2. a. sun
 - 3. c. Calcium
 - 4. b. Dairy milk
- (2) Complete the following dialogue:
 - 1. going
 - 2. What
 - 3. do
 - 4. idea
- (3) Supply the missing parts in the following two mini-dialogues:

- 1. No, I'm not.
- 2. Why are milk and cheese important? / What makes our bones and teeth strong?
- (4) Read the following, then answer the questions:
- A) Answer the following questions:
 - To try reading a book in bed, she will make her start feeling tired and then she'll fall asleep easily.
 - 2. Because they contain sugar that gives us energy and vitamins.
 - 3. Fruits.
- B) Choose the correct answer from a, b, c or d:
 - 4. b. good
 - 5. a. Reading a book
- 5-A) Choose the correct answer from a, b, c or d:
 - 1. The Iron Man eating a metal fence.
 - 2. instead of
- B) Answer the following questions:
 - 1. Because it was full of metal objects which he liked eating.
 - 2. They laughed.
- (6) Choose the correct answer from a, b, c or d:
 - 1. b. It's
 - 2. d. but
 - 3. c. could he
 - 4. a. Smoking
 - 5. b. is not
 - 6. b. Why
 - 7. c. can't
 - 8. a. Read
- (7) Read and correct the underlined words:
 - 1. noisier → noise
 - 2. $can \rightarrow can't$
 - 3. fat \rightarrow carbohydrates

Challenge Yourself

- 1. energetic → energy
- 2. nature → natural
- 3. Ali → he
- not → don't
- 5. fitness → fit
- 6. aren't → don't
- 7. fit \rightarrow fat
- 8. for \rightarrow to
- complete → completely
- 10. making → doing\ taking
- 11. of \rightarrow into
- 12. making → taking